Being Honest With Yourself

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When we are honest with ourselves, we can then prepare our hearts to make real changes in our lives. God already knows your heart and where you are in life. You are not fooling Him, you are only fooling yourself when you don't face the facts. It may not be easy, but we must walk by faith and not by sight.

As Christians, many of us display what can be called "fake happiness." Each day when we wake up, we cringe because it means going through the motions of making a vague attempt to be happy, but we never get a sip from the cup.

Whether we are in church, on the job or in the grocery store, we want to give out the typical perception, that everything is okay in our life. We put on our smiles and use our typical phrases to respond to the greetings that we receive during the course of a day. Whenever we're asked how we are doing, the typical script rolls off of our tongues. We answer, "Fine" or "I'm Blessed" and here is another version, "I am blessed, highly favored and empowered to prosper."

Okay, I know the power of our words and I know that life and death are in the power of the tongue. I believe that and I desire to only speak life to my life and I continuously encourage others to do the same but when do you really get honest with yourself and take inventory? When do you really stop and look in the mirror? When you decide to do that, you just may just discover some things about yourself.

Perhaps you really don't believe all of the Word, you just want to pick and choose the parts that feel okay and are easy. You want the convenience of a Savior, but you won't accept the commitment that is required to live His Word. Your life is a mess. You are saying one thing and doing something totally opposite of God's Word.

It is time to make a change in your life. Change is an easy word to say and spell, but many of us have a hard time doing it. If you want change you must be prepared and willing to make that change. Don't get caught up in what the world is doing, you must renew your commitment to the Lord and allow the Word to transform you.

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." (Romans 12:2 NKJV)

I know it may not be easy to admit that your life isn't perfect or that you have made mistakes. But remember, being honest with yourself is the first step to turning things around in your life.

If you are ready to be honest with yourself and make a change, please pray this prayer.

Dear Father God,

Forgive me for not trusting in your Word and being truthfully about my life. I repent of all of my sins and I ask that You be the Lord of my life. I make a new commitment to You.

In Jesus Name,
Amen

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